

**IMPORTANT:** If your son or daughter is a year-round or seasonal USA swimming club athlete they will need to meet one or both of the following standards in order to **train exclusively with their club teams**.

Seasonal club athletes (not year round) and those that are developmentally not yet at the CIF level will be asked to practice with the high school team from February 13 until the end of the season (between May 4 and May 15).

***In order to swim exclusively with your club team, you must have attained at least one of the following standards:***

- 1. Currently qualify for a CIF Div I Consideration time standard from last season (2011)*
- 2. Have attained a minimum of one Winter Sectional Bonus time standard*
- 3. Would be consistently used in league dual meet and championship meet line-ups at the Varsity level*

There will be some grey area. For example, if your athlete is within, let's say .3 seconds of a CIF standard in an event like the 100 fly, and trains with a Senior level group, that will most likely meet the above standards. This is not a scientific formula, but a guideline for those entering and continuing in our program about what it takes to earn the right to swim in another setting instead of with the high school team that they wish to be a part of.

Please note that this is not an attempt to penalize club athletes – it is quite the opposite and is being done in their best interest. I am advocating for a particular cohort of athlete that is often misled and ill-informed about what high school swimming can offer them, and about what will provide the most benefit to their athletic careers.

Unfortunately, most athletes that do not swim with the high school team miss out on a very tailored, structured, and exciting swim training format that is designed for one purpose: to get them to go lifetime bests and be the fittest, fastest, and most self-confident athlete they have ever been, come May. I cannot speak for every high school program out there, because most of them do not produce the same results or provide their athletes with the same experiences that will have such a positive impact on the rest of their lives.

We have proven year in and year out that our program works, and we do not want to see athletes miss reaching their fullest potential (both short-term and long-term).

We have a very fast and dedicated upper-level training group that has many CIF qualifiers, finalists, even CIF relay champions and Division I record setters. With the

coaching staff's diverse background in coaching high school, club, college, water polo, and master swimming, we have a unique and innovative system at Edison.

If you wish to discuss these standards further, or there you need clarification, please do not hesitate to contact coach Keith Ryan.

We are all looking forward to another amazing season!

Go Chargers,

Keith Ryan

Edison High School Swimming – Co-Head Coach  
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